

Delano Joint Union High School District

Anti-bullying Student Informational Handout

Bullying is one or more acts by a pupil or a group of pupils directed against another pupil that constitutes sexual harassment, hate violence, or severe or pervasive intentional harassment, threats, or intimidation that is disruptive, causes disorder, and invades the rights of others by creating an intimidating or hostile educational environment, and includes acts that are committed personally or by means of an electronic act.

An electronic act is the transmission of a communication, including, but not limited to, a message, text, sound, or image by means of an electronic device, including but not limited to a telephone, wireless telephone, or other wireless communication device, computer, or pager.

Possible consequences of those who bully others:

- Suspension
- Expulsion
- Transfer to alternative programs
- ❖ Denial of the privilege of participation in extracurricular or co-curricular activities
- ❖ Possible law enforcement involvement and arrest based on the severity of the circumstance.

Common characteristics of those who are bullied are those who stand out as different in some way because of...

- Appearance
- Sexual Orientation
- Intellect
- Socio-economic background
- Cultural or religious background
- perceived weakness

Possible effects and warning signs of bully victims:

Physical

- Damaged or missing possessions
- Cuts, bruises, scratches, head and stomach aches

Emotional

Withdrawn, anxiety, depression, aggression

Behavioral/Social

Change in friends, hurting oneself, bulling others (younger siblings or pets), no longer wanting to participate

Academic

- ❖ Not wanting to go to school
- Drop in grades

What to do if you are bullied:

❖ Tell a teacher, counselor, or administrator, talk it out, walk away, avoid the bully, hang out with friends

What to do if you witness bullying of others:

❖ Tell the bully to stop, help the victim walk away, recruit friends to help the victim, befriend victim, report the incident to a teacher, counselor, or administrator.

IF FOR ANY REASON YOU FEEL YOU ARE IN DANGER OR BELIEVE ANYONE ELSE IS IN IMMEDIATE DANGER, PLEASE GO DIRECTLY TO THE PRINCIPAL OR COUNSELOR

Delano JUHSD Board Policy BP 5131 Students

Conduct

The Governing Board believes that all students have the right to be educated in a positive learning environment free from disruptions. Students shall be expected to exhibit appropriate conduct that does not infringe upon the rights of others or interfere with the school program while on school grounds, while going to or coming from school, while at school activities, and while on district transportation.

The Superintendent or designee shall ensure that each school site develops standards of conduct and discipline consistent with district policies and administrative regulations. Students and parents/guardians shall be notified of district and school rules related to conduct.

Prohibited student conduct includes, but is not limited to:

- 1. Conduct that endangers students, staff, or others
- 2. Conduct that disrupts the orderly classroom or school environment
- 3. Harassment or bullying of students or staff, including, but not limited to, cyberbullying, intimidation, hazing or initiation activity, extortion, or any other verbal, written, or physical conduct that causes or threatens to cause violence, bodily harm, or substantial disruption, in accordance with the section entitled "Bullying/Cyberbullying" below.

Cyberbullying includes the transmission of communications, posting of harassing messages, direct threats, or other harmful texts, sounds, or images on the Internet, social networking sites, or other

digital technologies using a telephone, computer, or any wireless communication device. Cyberbullying also includes breaking into another person's electronic account and assuming that person's identity in order to damage that person's reputation.

Bullying/Cyberbullying

The Board desires to prevent bullying by establishing a positive, collaborative school climate and clear rules for student conduct.

The district may provide students with instruction, in the classroom or other educational settings, that promotes communication, social skills, and assertiveness skills and educates students about appropriate online behavior and strategies to prevent and respond to bullying and cyberbullying.

School staff shall receive related professional development, including information about early warning signs of harassing/intimidating behaviors and effective prevention and intervention strategies. Parents/guardians, students, and community members also may be provided with similar information.

Students may submit a verbal or written complaint of conduct they consider to be bullying to a teacher or administrator. Complaints of bullying shall be investigated and resolved in accordance with site-level grievance procedures specified in AR 5145.7 - Sexual Harassment.

When a student is suspected of or reported to be using electronic or digital communications to engage in cyberbullying against other students or staff, or to threaten district property, the investigation shall include documentation of the activity, identification of the source, and specific facts or circumstances that explain the impact or potential impact on school activity, school attendance, or the targeted student's educational performance.

Students shall be encouraged to save and print any messages sent to them that they feel constitute cyberbullying and to notify a teacher, the principal, or other employee so that the matter may be investigated.

Any student who engages in cyberbullying on school premises, or off campus in a manner that causes or is likely to cause a substantial disruption of a school activity or school attendance, shall be subject to discipline in accordance with district policies and regulations. If the student is using a social networking site or service that has terms of use that prohibit posting of harmful material, the Superintendent or designee also may file a complaint with the Internet site or service to have the material removed.